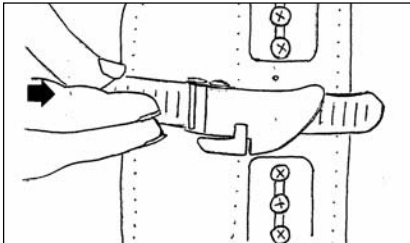
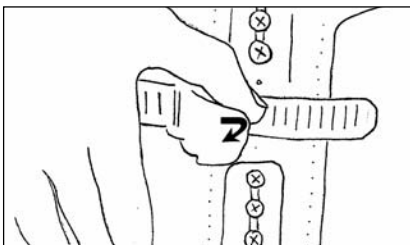


## JEWETT SPINAL ORTHOSIS

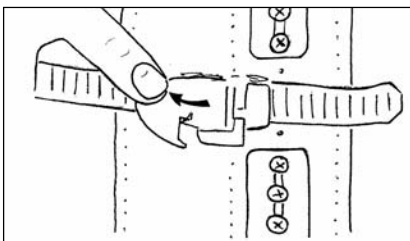
Your Jewett orthosis has been prescribed to protect your spine by preventing you from bending your back forward. A snug undershirt must be worn under the orthosis to protect your skin and to absorb perspiration under the pads. The undershirt should be changed daily. **To put on the Jewett Orthosis:** It may be put on while standing or lying in bed, depending on your doctor's orders. Place the brace against your chest with the upper pad about 1 1/2 inches from the base of your neck. Make sure it is right side up. Wrap the back pad around your back so that the pad and cloth strap are about midway down your back. Make sure the cloth strap isn't twisted.



**Figure 1:** Slide the stepped plastic strap under the silver roller and through the buckle on the right side of the orthosis.

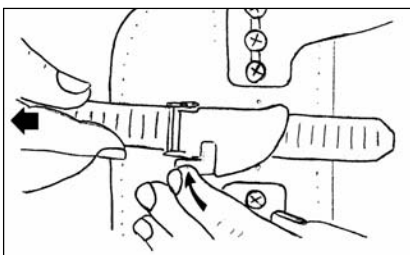


**Figure 2:** Pull the lever handle on the ratchet buckle to tighten the back pad.

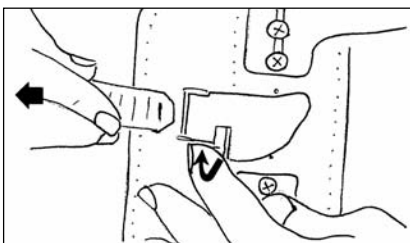


**Figure 3:** Continue to pull the lever handle forward multiple times until the orthosis is snug and firm against your chest and forcing you to arch your shoulders back. The orthosis may slip up and down on your body. If it slips more than two inches up and down, it is not tight enough. If so, tighten the ratchet buckle. If you cannot tighten the strap enough because you have lost weight, contact CPO for an appointment.

**To remove the Jewett Orthosis:** It may be removed while standing or lying down, depending on your doctor's orders



**Figure 4:** Push down on the small release lever on the upper part of the plastic buckle.



**Figure 5:** With the release lever depressed, pull the strap out of the buckle and remove orthosis.

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